

B.A.A. PLAYING REGULATIONS CROSS COUNTRY RUNNING (CO-ED)

Date :

The date selected for the B.A.A. championship will be set one week or earlier than the C.W.O.S.S.A. championship .

Location :

The site for the B.A.A. championship will be arranged by the convenor .

Eligibility / Entry :

a) Eligibility as to age classifications for midget , junior , and senior will conform with the B.A.A. Constitution and By-Laws .

b) Each member school may enter participants in any or every age classification . A school team entry must consist of at least four participants in a specific age classification for scoring purposes.

Tournament / Championship Structure :

a) Competitive distances for each B.A.A. championship are as follows :

Girls - Midget , Junior , Senior	3000 m (approx.)
Boys - Midget	4000 m (approx.)
Boys - Junior , Senior	5000 m (approx.)

b) Team champions are declared in each age classification - Midget , Junior , Senior (Boys and Girls) .

c) To determine team standings , the place of finish of each of the first four runners will be totaled . The team with the lowest total is declared the champion . In the event of a tie , the place of finish of the fifth runner on the teams that are tied shall determine the winner .

Officials :

All cross country officials will be arranged by the convenor.

Playing Rules :

The uniform tops of all team members must be identical .

Scheduling :

Schools are encouraged to take part in invitational meets . The B.A.A. Champion will be determined each year with a single championship meet.

Scoring :

Points towards male, female and school championship will be awarded as follows:

1st - 10 points	4th - 4 points
2nd - 8 points	5th - 2 points
3rd - 6 points	6th - 1 point

Expenses :

The convenor will set the entry fee for the B.A.A. championship meet and submit a financial report along with the convenor's report to the B.A.A. Secretary .

Awards :

a) The winner of each age classification , boys and girls , will receive the B.A.A. medallion (provided at least four schools have participants).

b) Team champions in each age classification , boys and girls , will receive B.A.A. medallions (five per team) [provided teams from four schools participate].

c) A B.A.A. plaque will be awarded to each of the Boys and Girls overall school champion and a B.A.A. Plaque is awarded to the school with the best overall combined total.

Advancement to Further Competition :

There is no qualifying standard for C.W.O.S.S.A. competition in Cross Country Running.